



ALABAMA GAME CHANGERS OCCUPATIONAL THERAPY

WHAT WE DO

Our team of occupational therapists provide skilled intervention utilizing a multi-sensory neurodevelopmental approach to help our clients reach their full potential. Our sensory systems lay the primary foundation for how we register and respond to stimuli from our internal and external environments. Deficits in any of our sensory systems can cause difficulties and challenges that impede on our ability to be successful in daily occupations, including self-care, play, academic performance, and social interactions.

POPULATIONS WE SERVE

Our clients range from infancy to early adulthood. We address delays in gross motor, fine motor, and cognitive development as well as obstacles associated with diagnoses including but not limited to ADHD, ASD, SPD, genetic conditions, ODD, and specific learning disorders such as dyslexia and dysgraphia.

SKILLS WE ADDRESS

- Fine Motor Skills
- Gross Motor Skills
- Primitive Reflex Integration
- Executive Functioning
- Visual Motor Integration
- Ocular Motor Skills
- Oral Motor Skills
- Sensory Integration
- Self-Care
- Emotional Regulation
- Visual Perception

CONTACT US

Phone: (205)-364-2278

Email: OT@alabamagamechangers.org

SERVICES WE OFFER

INDIVIDUAL

Outpatient evaluations and direct treatment, holistic individualized care plans, home exercise programs, sensory diets, selection and adaptation of special equipment, and 1-on-1 bike lessons

GROUPS

Social skills, sibling workshops, handwriting, gross motor skills, sensory integration, and executive functioning

PROFESSIONAL DEVELOPMENT

Workshops addressing sensory strategies, developmental milestones, and fine motor development

PARENT EDUCATION

Family workshops, 2-on-1 mentoring, primitive reflex integration training, and sensory integration strategies

COMMUNITY

2-on-1 mentoring, school based screenings, and training on the use of sensory strategies in the classroom

